There are EBOLA outbreaks in the African countries of: Sierra Leone, Guinea and Liberia.

Have YOU travelled from Africa recently?

The risk of EBOLA in Canada is VERY LOW

You cannot get EBOLA from the AIR

You can only get EBOLA if you have touched

- BODY FLUIDS of someone who is sick with or has died from Ebola
- an OBJECT that has been CONTAMINATED with Ebola
- INFECTED ANIMALS

What to do if you feel sick

If you feel sick and were in Africa in the last 21 days, call Healthline 1-888-709-2929 as soon as possible.

Tell them:
- Your symptoms
- Which countries you visited or travelled from, and
- Whether you have been to a medical facility or received medical care while abroad.

For more information: www.publichealth.gc.ca